

## **Minutes of ECBH CFAC Meeting July 13, 2010**

The meeting was held at Beaufort County Agriculture Extension Agency.

In attendance:

CFAC Present: Terry B., Terry L., Evelyn H., Doris W., Patrick B., Sandy M., Millie H., Inez D., Sandra B. and Sammy D.

Excused Absences: Annie H. and Len L.

Unexcused: Marvin A., Zack C. Missouri H., Gerald Fenner and Jo Ann L.-E

Resigned: Ruth T.

ECBH LME: Mike K.

CET: Wes Rider

Guest: Elizabeth G.

Co-Moderator Evelyn Harrison called the meeting to order. She introduced the guests and asked for the approval of the May minutes. They were approved with corrections.

### **Public Comments:**

There were none.

### **CFAC Comments:**

- Terry B. asked if ECBH LME had been responsible to receive the \$700,000.00 fund balance of Albemarle when they merged. Mike K. explained that the fund balance was less than \$700,000 and would be just enough to cover the cost of the former Albemarle retirees health insurance. The 10 counties that made up Albemarle will be responsible for the retirees health benefits from now on. He also stated that 20 new staff had been added by the Albemarle merger.
- A signup sheet was circulated and members of CFAC were asked to bring sandwiches for one of the upcoming meetings in the 2010-2011 year. Receipts or scanned copies of the receipts for purchases for the food will be turned in with the month's travel voucher. This will eliminate the

responsibility of the Co-Moderators. Rita will be responsible for taking care of the drinks.

- Sandra B. commented that other CFAC organizations across the state were receiving as much as 5 (five) times the stipend for attending meetings as the ECBH CFAC. She said that due to the new 4:00 P.M. meeting schedule, people who are working must leave their jobs early to attend the 2 to 3 hour meeting. She made a motion to increase the stipend to \$30.00. It was seconded by Terry B. After a brief discussion period the motion was carried by consensus.
- Millie then shared a cost analysis of using a rental car to bring members to the CFAC meeting who do not have transportation. The vans cost and upkeep compared to a rental car(s) and reasons for the CFAC's vote in April to eliminate ownership and maintenance of the vans became obvious. CFAC asked that Joy Futrell continue her investigation of a rental car(s) as a mode of transportation for CFAC members who do not have a car to attend meetings
- Inez D. reported the resignation of Ruth T. from CFAC.
- Inez D. reminded every one of the Eastern AHEC workshop on September 8, 2010 in Greenville, NC. The topic is Update on Intellectual and Developmental Disabilities. The speaker is Dr. L. Jarret Barnhill who is a Professor in the Psychiatric Department in the UNC Chapel Hill School of Medicine. He is also the Central Region Director for NCSTART.
- Millie H. as Chair of the Nominating Committee presented the slate of officers for the next term starting August 1, 2010. These officers would normally be chosen in June and take office in the new fiscal year starting in July. CFAC voted to present the selection in July after the official consolidation of Albemarle and ECBH.

Terry Ann L., Terry B. and Inez D. were presented as Co-Moderators. The second Co-Moderator's position term was split between Terry B. and Inez D. Terry B. would serve from August 1, 2010 to December 31, 2010. Inez D. would serve from January 1, 2011 to June 30, 2011. Sandra B. and Inez D. were presented as Co-Secretary Nominees. Nominations were open to the floor. The slate presented by the nominating committee was voted on and carried by acclamation. Millie was praised for not only the super job that she had done as Chair but for also thinking outside the box.

### **Gaps in Services:**

- Terry B. asked how many psychiatrists are in the ECBH new increased county area and if plans are being made to increase the small number available. Mike K. answered that recruitment was continuing. It was also reported that there was also a lack of therapists for all substance abuse services.
- There is a communication gap between the CFAC, LME, LME Board and the State Level. Evelyn asked if a list of Gaps in Services needs to go to the State CFAC on a regular basis. Continuing comment was made on whether or not ECBH needs a formal list of Gaps in Services. Communication issues and needs to improve the method of addressing gaps in services was discussed.

### **Local Empowerment Groups (LEG):**

Local Empowerment Groups in Pitt, Craven and Beaufort areas will not be held during the summer. Point Leaders of the groups are evaluating whether or not to continue the meetings as attendance does not seem to meet the time, effort and expense of conducting the meetings. It was noted that the Providers had not supported the meetings in a manner that helped bring in new people. The Intellectual/Developmental Disabled individuals and their families had been most supportive but much smaller support came from those individuals and their families who are dealing with psychiatric and addictive disorders.

### **LME Report:**

Mike gave the LME report for ECBH.

- Announced that \$40 million had been restored to the State Budget for MH/DD/SA. He also stated that new money was given to increase the Community Psychiatric Beds.
- Mike referred us to the information on the Division website concerning CABHA (Critical Access Behavioral Health Agency) and the changes that were already being made to a program just under way.
- Addressed the Medicaid Waivers and acceptance of new applicants by the State. ECBH will continue to work on areas that will allow them to be considered to implement the Waivers in the future.

- CFAC members were invited to attend the Second NC Annual Recovery Conference to be held in Winston Salem on October 21-22, 2010. Steve Fox from New Bern will be one of the speakers. Sandy M. stated that she was interested in attending this year since she was unable to do so last year.
- Mike stated that they had received inquiries from 4 (four) people across the Elizabeth City and Williamston areas that are interested in CFAC membership.
- Mike asked for any training that is requested from ECBH by the CFAC. The following list was given:
  1. Medicaid Waivers 1915 (b), (c) and any other waivers that the state is looking at possibility implementing.
  2. CABHA (Critical Access Behavioral Agency)
  3. Training on CFAC Budget
  4. Training on ECBH Budget
  5. Customer Service and the Access Line
  6. Planning session to set goals and directions CFAC

**CET Report:**

Wes Rider with the Consumer Empowerment Team in the Division of Mental Health/Developmental Disabilities and Substance Abuse gave the report for Novella A. who is out on medical leave.

Wes covered Implementation Update #76 which deals with provider fraud and abuse. He stated that this will be a top priority in the state in the upcoming year. Wes asked for anyone that had information concerning fraud to notify the state. He also distributed a handout which contained the following information.

1. Proposed [Recipient Management Lock-In](#), Amendment to Outpatient Pharmacy Program, Clinical Coverage Policy 9. Posted July 8, 2010  
Comments accepted until August 22, 2010

<http://www.ncdhhs.gov/dma/mpproposed/index.htm>

**2. Communication Bulletins**

7/2/10 Bulletin #113 [Strategic Plan 2010-2013 Report](#)

**3. Implementation Updates**

- 7/12/10 [Implementation Update #75 Summary](#)
- 7/8/10 [Implementation Update #76](#)

4. CABHA Information

<http://www.ncdhhs.gov/mhddsas/cabha/index.htm>

5. 1915 (b)(c) Waiver info:

- Division Home Page (link is on the right under Leza's photo)  
<http://www.ncdhhs.gov/mhddsas>
- Division Web page  
<http://www.ncdhhs.gov/mhddsas/waiver/index.htm>
- DMA web page with Waiver info  
<http://www.ncdhhs.gov/dma/lme/MHWaiver.htm>

6. 2nd Annual NC Recovery Conference Begins: October 21, 2010 at 8:00 AM  
Ends: October 22, 2010 at 4:00 PM

[http://northwestahec.wfubmc.edu/courseware\\_v3/3\\_0\\_0/?method=doTransition&event\\_pk=29930&\\_webFlowTransitionId=SELECT\\_EVENT&utm\\_campaign=NCRECOVERY&utm\\_source=redirectlink&utm\\_medium=BODYLINK1](http://northwestahec.wfubmc.edu/courseware_v3/3_0_0/?method=doTransition&event_pk=29930&_webFlowTransitionId=SELECT_EVENT&utm_campaign=NCRECOVERY&utm_source=redirectlink&utm_medium=BODYLINK1)

Respectfully Submitted by:

Co-Secretaries:  
Sandra Buckman  
Inez Dudley