

Minutes Amended and Approved: May 11, 2009

CFAC Minutes for April 13, 2009

Present: Inez, Sammy, Millie, Terry, Len, Patrick, Evelyn, Edward, David, Katie, Sandra, Marvin

Excused: Carol, Ruth, Danny

LME: Mike

State CET: Excused: Novella

Guest: Gregory, Pitt County Arc; Sandy, Beaufort County Applicant

Inez opened the meeting and introductions were made.

The comfort agreement was reviewed:

- a. only one person speaks at a time
- b. when you want to speak, raise your hand to be recognized by the moderator
- c. listen quietly while others are speaking
- d. be kind

Millie explained her need to leave the last meeting then read a prepared statement to explain her actions. She requested that her statement be attached to the minutes. Terry made a motion to do so and Len seconded. The motion passed by consensus.

CFAC's letter to Roy was read. Terry made a motion to attach this to the minutes. Len seconded. The motion passed by consensus.

The minutes from the February meeting were read. Terry made a motion to accept as written. Len seconded. The motion passed by consensus. Millie suggested that Carol's notes on a gap in service discovered by her be attached to the March minutes. Terry made a motion to do so. Len seconded. The motion passed by consensus.

Sandra read a letter she had written as a CFAC board member regarding events of the March 9, 2009 meeting. Sandra stressed that she sent this letter as an individual and not on behalf of CFAC. Other CFAC members present expressed agreement with the sentiment of Sandra's letter.

Gaps in service: Transition housing and the 'Tailwinds' program were discussed. Tailwinds offers apartment living skills such as washing dishes, washing linens, and so forth. Several consumers have been through this program. It was suggested that it would be appropriate to start this program again. Mike pointed out that on page 36 in section 10 of the 'Needs Assessments' there is a need for alternative housing identified versus group homes (of which there are many). Alternative housing may include halfway houses, etc. Mike added that the final version of the 'Needs Assessment' will be out sometime next week.

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Mike stated that the LME is deficient in its job of social marketing and that this will be re-emphasized for improvements. The website will be revamped and everyone is encouraged to give out the 1-800 number to those having inquiries.

Sandra reported that some parents are having trouble getting records from the former Tideland LME.

Inez reported that Carol and Ruth have concerns about supported employment which is no longer available in the Roanoke-Chowan area. It was requested that Mike follow up on this.

Terry posed the question of how many psychiatrists there are in the area and their accessibility. He stated that 'most of eastern NC' is underserved. Terry also requested the status of individual therapy and group therapy.

Mike stated that CFAC is responsible for identifying gaps and that this should be done in a systematic way. How to do this should be the topic of future discussions and ongoing dialog, research, and data to support findings.

There are no current RFP's.

The CFAC has spent \$11,488 so far this year out of a total budget of \$25,000. Terry made a motion to approve the budget report and Evelyn seconded. The motion carried by consensus.

The report on the substance Abuse conference was tabled due to the absence of Carol and Ruth who attended it.

Katie and Inez reported on the Eastern Regional CFAC meeting. She said it was a good meeting and lots of information was provided. The group thanked Inez and Millie for putting meeting together. Judy Dempsey spoke about building the local business plan, Evelyn spoke about the LEGs, Mike Kupecki spoke about "Community Planning and Needs Assessment Update" and ways to collect the data, etc. and Joy Futrell spoke about "LME Budgeting and why does it matter to CFAC". The next ER-CFAC meeting will be hosted by Onslow.

A proposed CFAC letterhead was presented for possible future use. Mike will check to see if the LME has no issues tied to the similarity of it and the ECBH LME logo. Evelyn made a motion to accept the CFAC logo barring no objections by the LME. Terry seconded. The motion was passed by consensus.

The LEG brochure was presented. Evelyn and Len worked on this and described the contents. It was pointed out that some location changes would have to be made. Terry recommended that this be an agenda item for our next meeting.

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The nominating committee was selected. They are: Katie representing Beaufort County, Terry representing Craven, Pamlico and Jones Counties, Patrick representing Pitt County, and Carol representing the Roanoke-Chowan area. Mike suggested that much of the committee's work could be done by phone or email.

Katie and Evelyn are on the New Member Package Subcommittee and will report on this next month.

Changes to CFAC Law: Terry made a motion not to change the law and Len seconded. However, no consensus among members was forthcoming. It was decided that CFAC members could respond individually to proposed changes in the law. If the legislature enacts changes in the law relevant to CFAC then the membership will need to review our current by-laws to make sure they coincide with any new provisions of the law.

Mike reported on provider relations, access/STR, and customer service.

A review of the current relational agreement was identified as an agenda item for the next meeting.

The meeting was then adjourned.

Respectfully submitted,

David Hendrickson, CFAC secretary