

Approved February 9, 2009 with corrections

Minutes of ECBH CFAC Meeting January 12, 2009

CFAC Present: Patrick, Carol, Debbie, Inez, Sammy, Millie, Edward, Evelyn, Katie, Ruth, Marvin, David

CFAC Excused Absent: Terry, Sandra

CFAC Unexcused Absent: Danny

LME Staff: Mike Kupecki, Joy Futrell

CET Staff: Novella Applewhite

Inez called the meeting to order.

Each person present then introduced themselves.

**Minutes** - from the November 3, 2008 meeting were then presented. It was noted that the minutes were incomplete due to the CFAC secretary having missed the previous meeting. It was suggested that the minutes as written be approved with the addition of reports presented by Mike Kupecki. David made the motion to accept the minutes with Mike's reports. Carol seconded the motion. The minutes were then approved by consensus.

#### **Public Comments –**

- Katie encouraged all CFAC members to attend the ECBH board meetings to keep in touch with current events.
- Millie stated that Sandy Carrawan with Behavioral Health Unit at the Pitt hospital is no longer there. Information regarding the meeting she held in Dec has been turned over to Pam Esposito and Glenn Simpson. At the meeting we discussed with consumers and family ways in which the BHU might become a “family centered environment”. NAMI Pitt County will try to keep updated as to how this information can be used to make changes for the future.
- LME Board training is available for anyone interested.  
<http://www.sog.unc.edu/programs/mentalhealth/>
- The State has put together a draft for rating the LME and the CEO by the LME Board.
- A Depression/Bi-Polar support group is starting at Hope Station
- CAP-MR updates “Transition to Home Supports” are now available.
- Governor-elect Perdue has placed ECBH Director Roy Wilson on a committee associated with the “Transition Advisory Group” on Mental Health, Developmental Disabilities, and Substance Abuse Services.

#### **New Business -**

- Joy Futrell provided the CFAC members with training on the ECBH and CFAC Budget including board reports and the CFAC budget. Joy provided line by line explanations and received periodic questions from the members. CFAC, it was pointed out, is half way through the fiscal year but has to date spent only 33% of its budget.
- The CFAC members each updated their personal contact information.

**Old Business –**

- Marvin reported that there was nothing unusual to report from the Human Rights Committee. No formal complaints had been reported and the year “looked well.”
- David reported that the QI Committee continues to address issues on a continuous basis and that he remains impressed by the professionalism of the committee and the ECBH staff in identifying and finding solutions for quality improvement concerns.
- Local Empowerment Groups (LEGS) – no phone calls expressing interest have been received in the Roanoke-Chowan Counties. It is felt that efforts to strengthen this LEG have thus far been ineffective. It was stated that utilizing area happenings sections of newspapers and cable free ads may assist in generating more interest.
- The CFAC budget for November was approved by consensus. Carol made a motion to approve the budget as presented and David seconded the motion.

**LME Report**

Mike presented the second quarter initiatives report. These initiatives included the areas of substance abuse, mental health, developmental disabilities and other initiatives. Among these initiatives include: Crisis Respite Intervention Crisis which is a new service approved by DMH, Mobile Crisis that is now up and running for all nine counties, and Traumatic Brain Injury Services (TBI) where two new service definitions were developed to address the rehabilitation needs of individuals with TBI. ECBH continues to work toward URAC Accreditation. All together 39 initiatives and activities were presented. Mike also reported that ECBH has a history of managing benefit money very well. ECBH is currently investigating why community support services are underutilizing requested hours.

Agenda item for the next meeting: update on the social marketing plan.

The meeting was then adjourned.

Respectfully submitted,

David Hendrickson  
CFAC Secretary